

Our Kitchen Details

FOOD MENU CHART

National Action Plan For Senior Citizen Home
At/Po-Kotagarh, Dist-Kandhamal, Odisha, PIN-762105

Run By- Association For Social Work & Social Research in Orissa (ASWASRO)

DAYS	BREAKFAST	LUNCH	REFRESHMENT/TIFFIN	DINNER
MONDAY	SUJI HALWA	RICE, DAL, SOYABIN CURRY	BUTA & MATOR CHHUNKA & TEA	RICE,DAL, PLAIN CURRY & BHAJEE
TUESDAY	CHUDA UPAMA	RICE, DAL , PLAIN CURRY	MUDHI, MIXTURE & TEA	RICE , DAL, SANTULA & BHAJEE
WEDNESDAY	SUJI UPAMA & GHUGUNI	RICE, DAL, PANEER/ CHICKEN CURRY	GAJA MUGA/ BUTA & TEA	RICE , DAL, CHATNI & PICKLE
THURSDAY	UPAMA & GHUGUNI	RICE, DALMA, PAPAAD & PICKLE	BARA, PAKUDI , BUTA & TEA	RICE, DAL, PLAIN CURRY & BHAJEE
FRIDAY	IDLI AND SAMBAR	RICE, DAL , FISH CURRY/ MIX VEG. CURRY	MUDHI, BOILED BUTA, MATOR & TEA	RICE ,DAL, MIX – FISH GHANTA CURRY & BHAJEE
SATURDAY	CHUDA UPAMA	RICE, DAL, SOYABIN CURRY & BHAJEE	BISCUIT & TEA	RICE,DAL, PLAIN CURRY & BHAJEE
SUNDAY	UPMA/PURI , DALMA	RICE, DAL, & CHICKEN CURRY	MUDHI MIXTURE & TEA	RICE , DAL, CHATNI & PICKLE

